

JKB

John K. Barnes

Author | Speaker | Trainer | Coach



John Barnes integrates his experience in business, entertainment, and personal growth to create impactful and empowering presentations, interviews, and workshops.

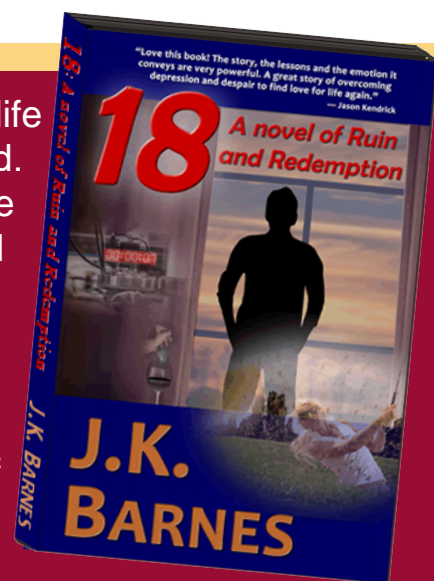
In a long career in Banking and Real Estate, John was fortunate to work with businesses in nearly every area of commerce. As a Stand-up comedian, he entertained audiences across the US and Canada in Comedy clubs, Colleges, and Business gatherings. As a personal growth facilitator and coach, he has worked with businesspeople, artists, and athletes in the improvement of every aspect of their lives.

“Success in ANY endeavor is entirely about Mindset. My work in speaking and training is a continuing journey of leveraging attitude.”

John’s first book *18: A Novel of Ruin and Redemption* is the story of a life - one man’s life and the power of the passionate characters in his world. Set in the world of golf, which John knows so well, the deeper tale is the journey of one man as it leads him to a daughter he never knew he had and a personal growth guru with a past more shocking than any fallen hero. Craig Cantwell moves through the journey grasping for truth and understanding-of both himself and the world around him.

The evolution of the story uncovers intrigue and danger until the love of his daughter brings Cantwell back to the game and the life he loves.

“In writing this book,” John says, “I had two desires: to entertain and to inspire. I have always been a storyteller, so I have included plot twists and drama to pique interest. But to inspire, I wove in characters who could be anyone – you, me, a neighbor, a relative. The goal is to drive questions – and to demonstrate that none of us, no matter our struggle, is alone.”



Over the last 20 years, John has coached athletes, business leaders, artists, and students inspiring each of them to reach new heights in performance.



GOLF: THE GREAT METAPHOR FOR LIFE.

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In his career as a stand-up comedian, John has performed at Comedy Clubs, Colleges, and Universities, and for Corporations across the Western US and Canada. During that time, he did various voice work for radio stations through a subscription Comedy service for morning shows offered through a Denver company.

John has done humorous and inspirational programs for numerous Service Groups and Businesses, and sales training in both the Title Insurance Industry and Real estate industry. He has also customized presentations for business based on their unique objectives, for both Training and Entertainment purposes.

Topics John Speaks On

*“They call it GOLF, because LIFE was already taken”
A humorous and inspirational program using Golf as a metaphor.*

*“What if the Hokey-Pokey really IS what it’s all about?”
A funny and accurate presentation about the importance of mind-set and attitude in every endeavor.*

“Playing Lessons”. This is anything from a 30-minute program to a multi-day experiential training on the stories in 18: A Novel.”

Testimonials from Amazon Reviews

“...a terrific book, action packed with thrills, interesting twists and expected turns. I could not put it down. If you don’t know anything about golf, you will love it. If you know a lot about golf, you will love it. Looking forward to the next book from John Barnes! “

“The golf was real and exciting, made more so by the humanity conveyed in the stories of the golfers, and the adventure of a surrounding crime story. This was an unexpected treasure.”

“Great read. Golfer or not, the human side of life otherwise good and bad are revealed. Roller coaster from beginning to end with surprises.”